

# Player-Surface Interaction

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**SportSURF Launch Seminar**  
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*Sport Surfaces Research Forum* Supported by:

**EP SRC**

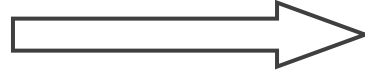
# Sports Surface Studies

medical



injury studies

engineering

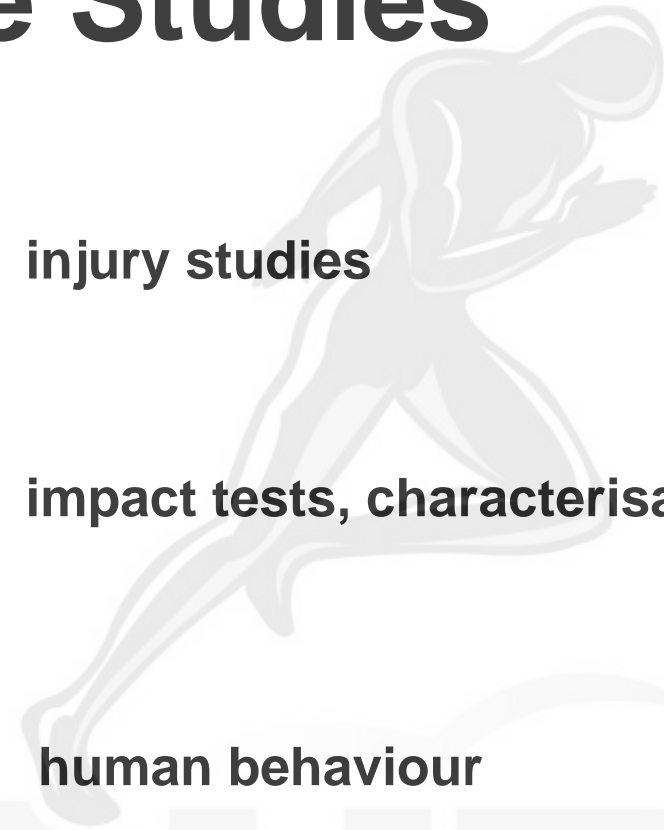


impact tests, characterisation

biomechanical



human behaviour



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# Question

- What properties are required in a surface?



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## Player requirements

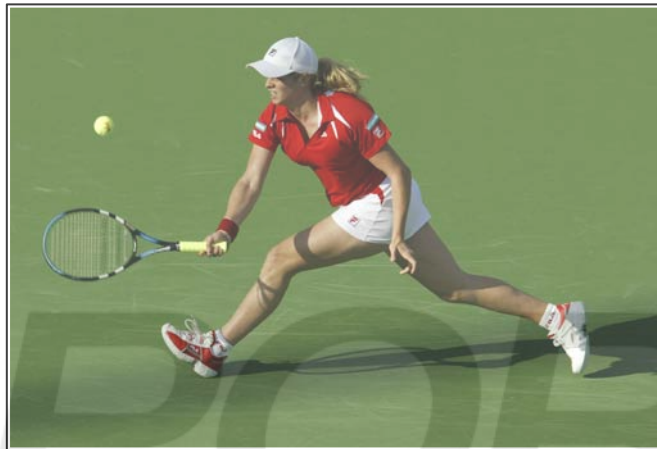
- Optimal performance
- Minimal injury

## Surface requirements

- Playability
- Durability
- Spatial uniformity
- Temporal uniformity
- Aesthetics
- Sustainability

# Player Requirements

- Quantify movement and loading patterns for different sports movements



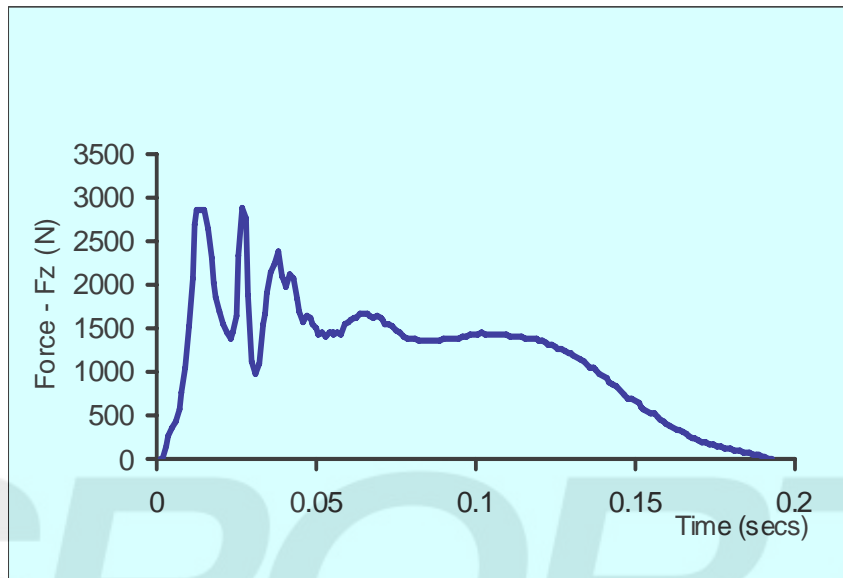
Running forehand footplant



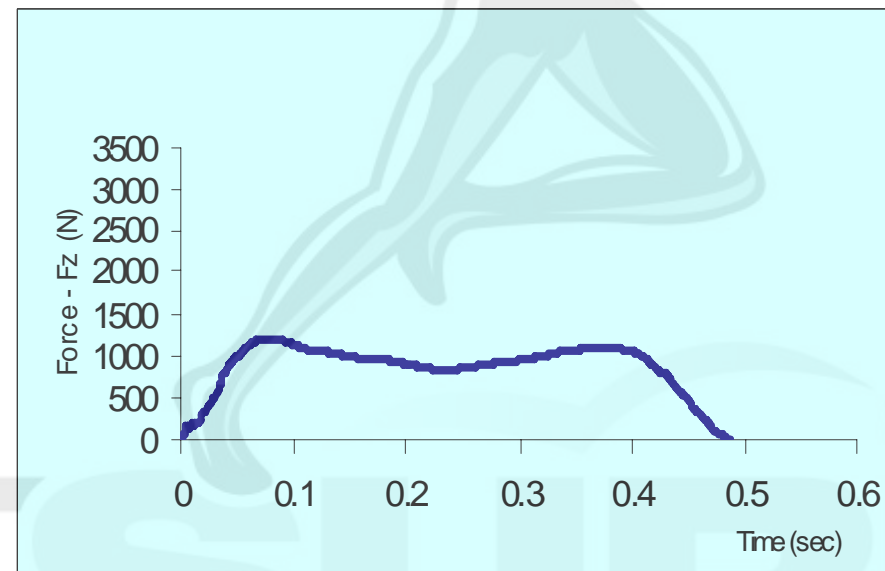
Sideways shuffle

# Player Requirements

- Loading patterns for different movements



Running forehand footplant



Sideways shuffle

(Stiles and Dixon, 2005)

# Player Requirements

- Manipulation of the playing surface may change the load and movement patterns

- Important to measure human-surface interaction for a range of surfaces



# Surface Characteristics

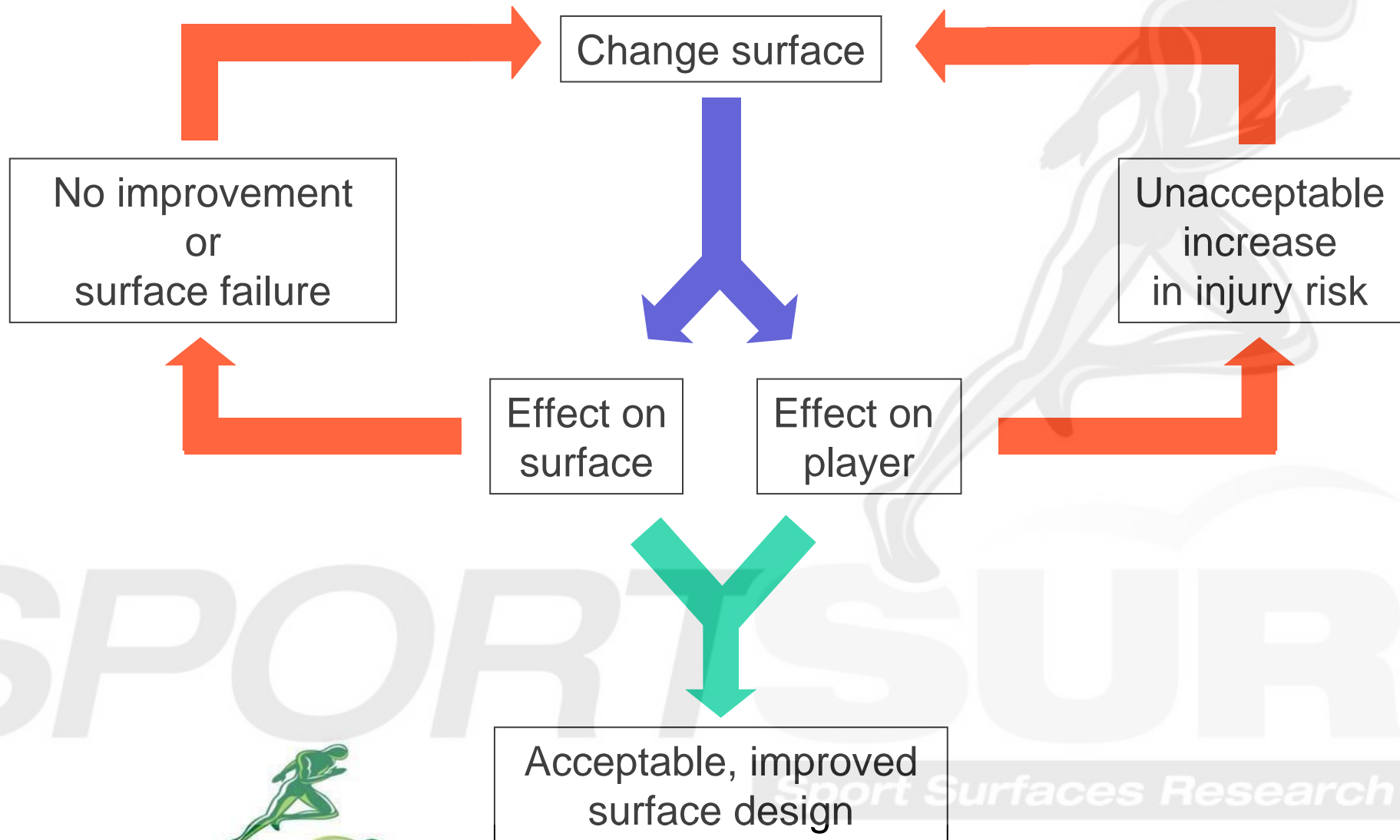
- What are the specific differences between surfaces that influence the player?

- Stiffness & Damping
- Traction
- Spatial and temporal uniformity
- Environment

} Synthetic surfaces

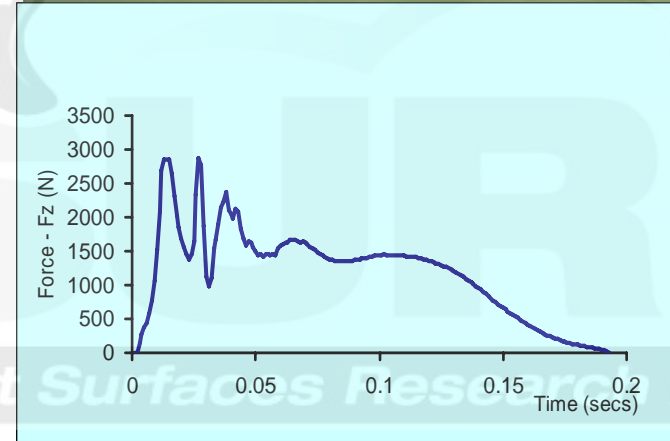
- How do these influence the player?
- How are these quantified?

# Sports Surface Engineering



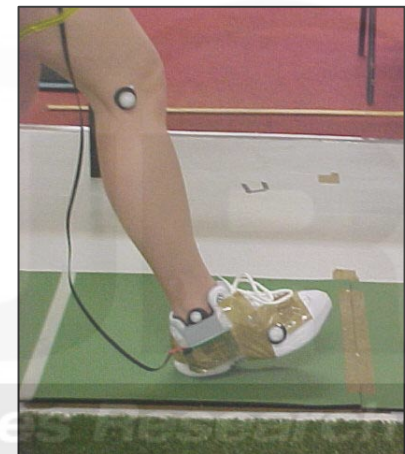
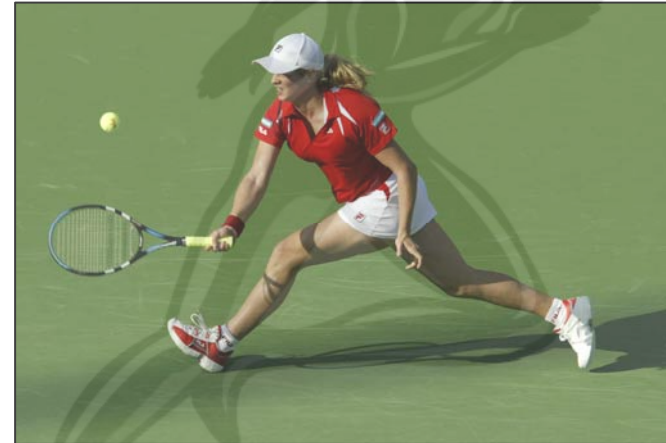
# Biomechanical Studies: Example

- Tennis - running forehand foot plant
- Peak impact forces similar for different tennis surfaces
- No consistent changes in movement patterns



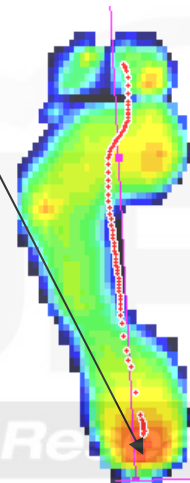
# Biomechanical Studies: Example

- Tennis - running forehand foot plant
- In-shoe pressures for distinct surface conditions



# Biomechanical Studies: Example

- Tennis - running forehand foot plant
- Different in-shoe peak pressure for differences in surface
- Higher peak heel pressures on stiffer surfaces



# Mechanical Studies: Example

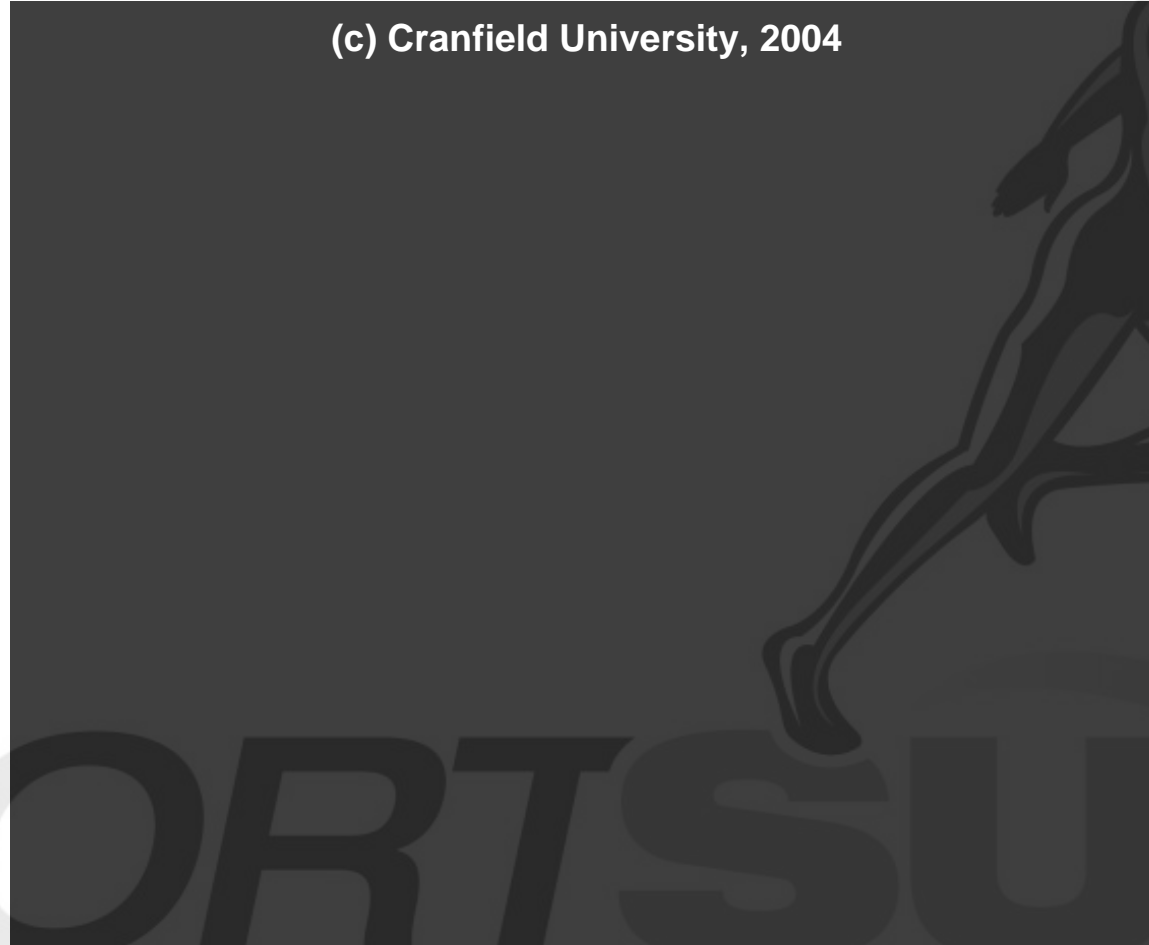


# Mechanical Studies: Example

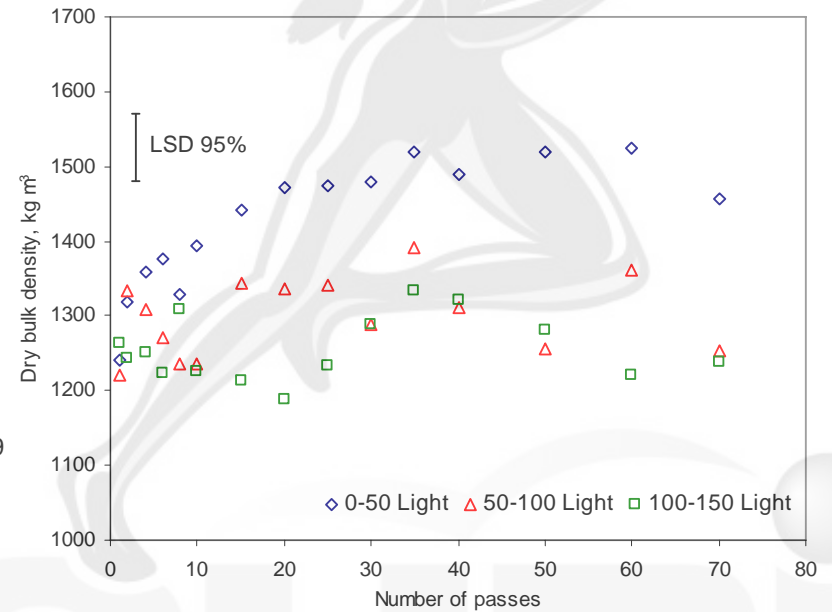
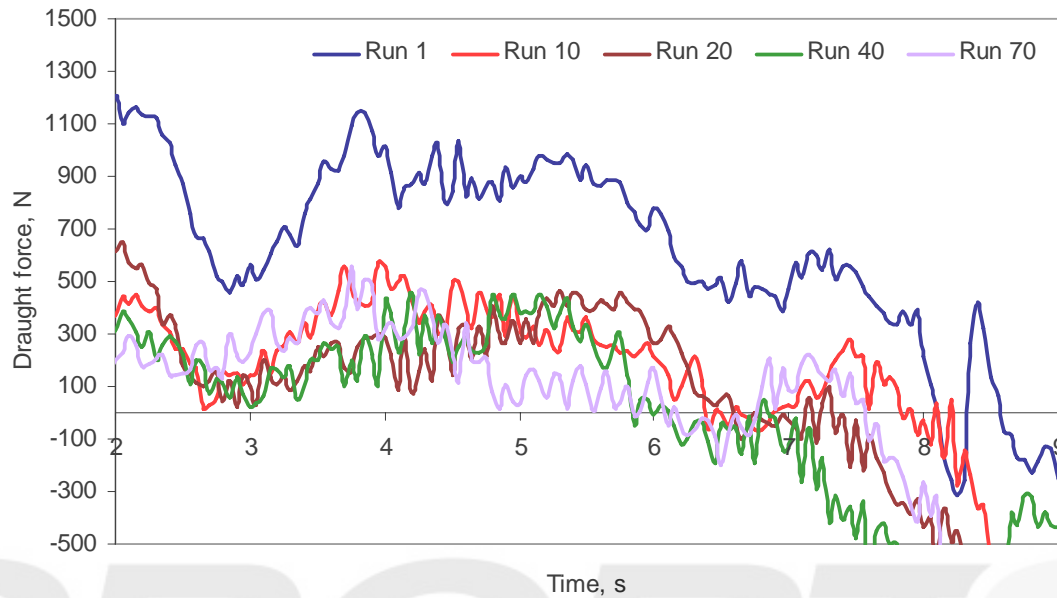


# Mechanical Studies: Example

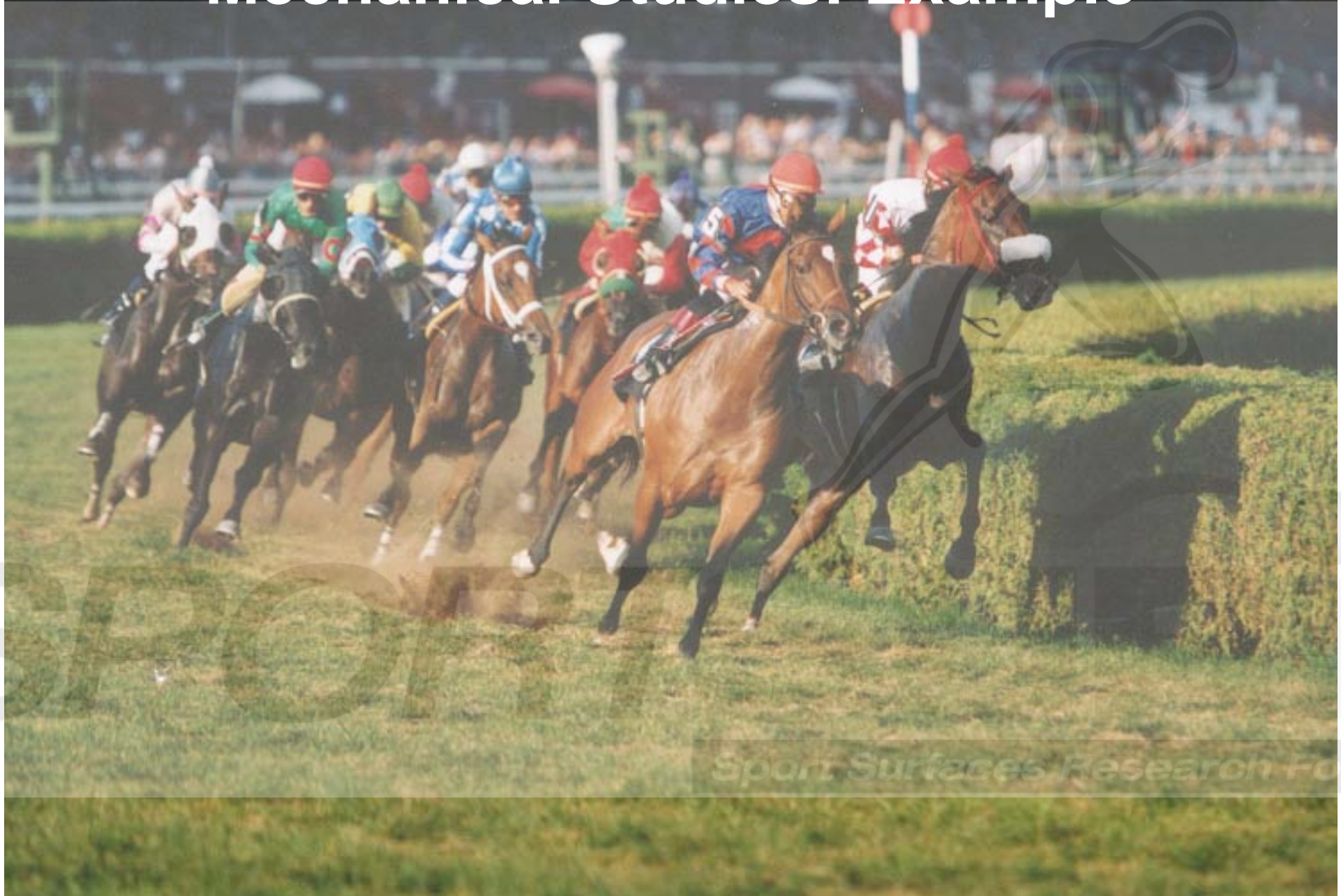
(c) Cranfield University, 2004



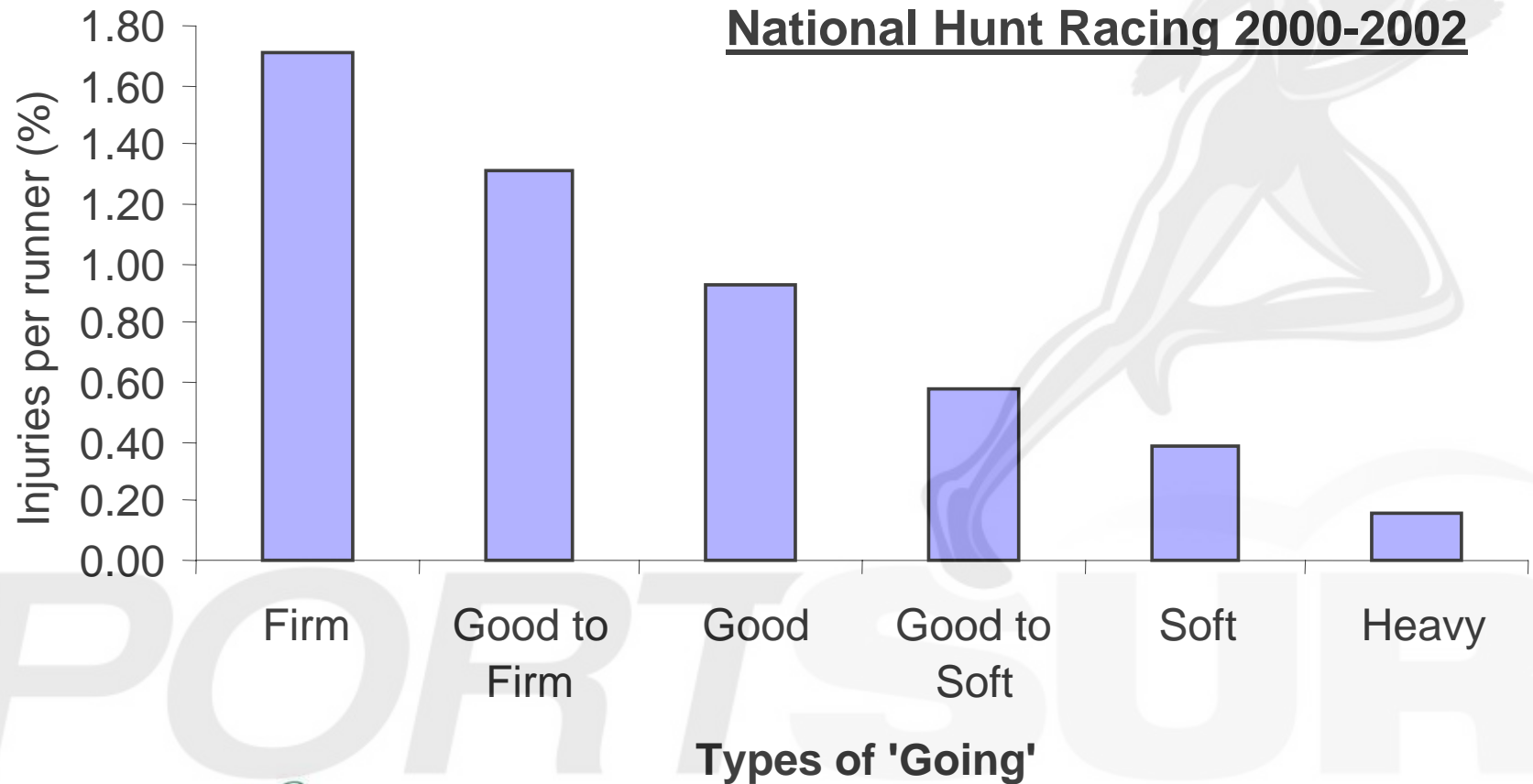
# Mechanical Studies: Example



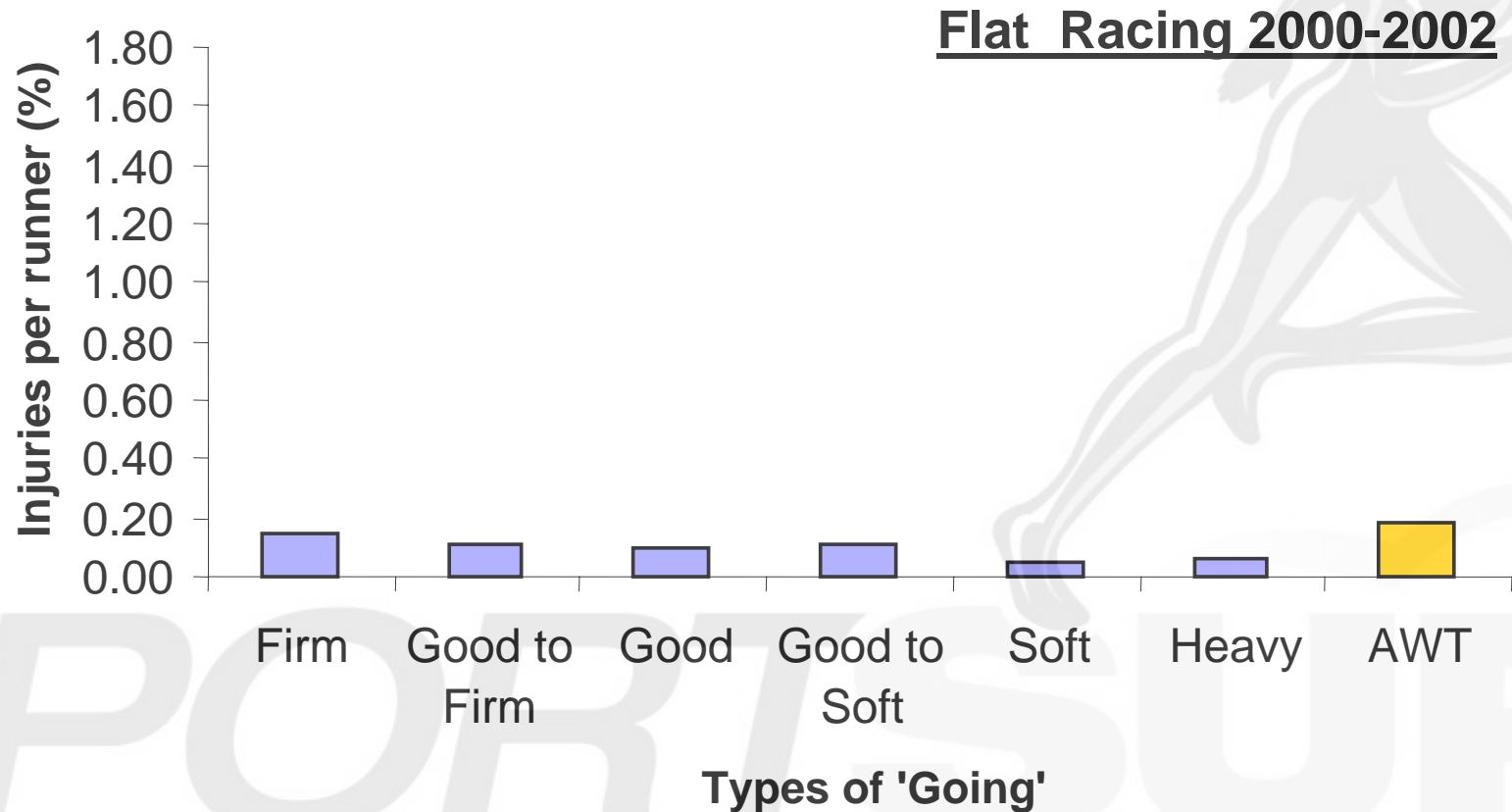
# Mechanical Studies: Example



# Mechanical Studies: Example

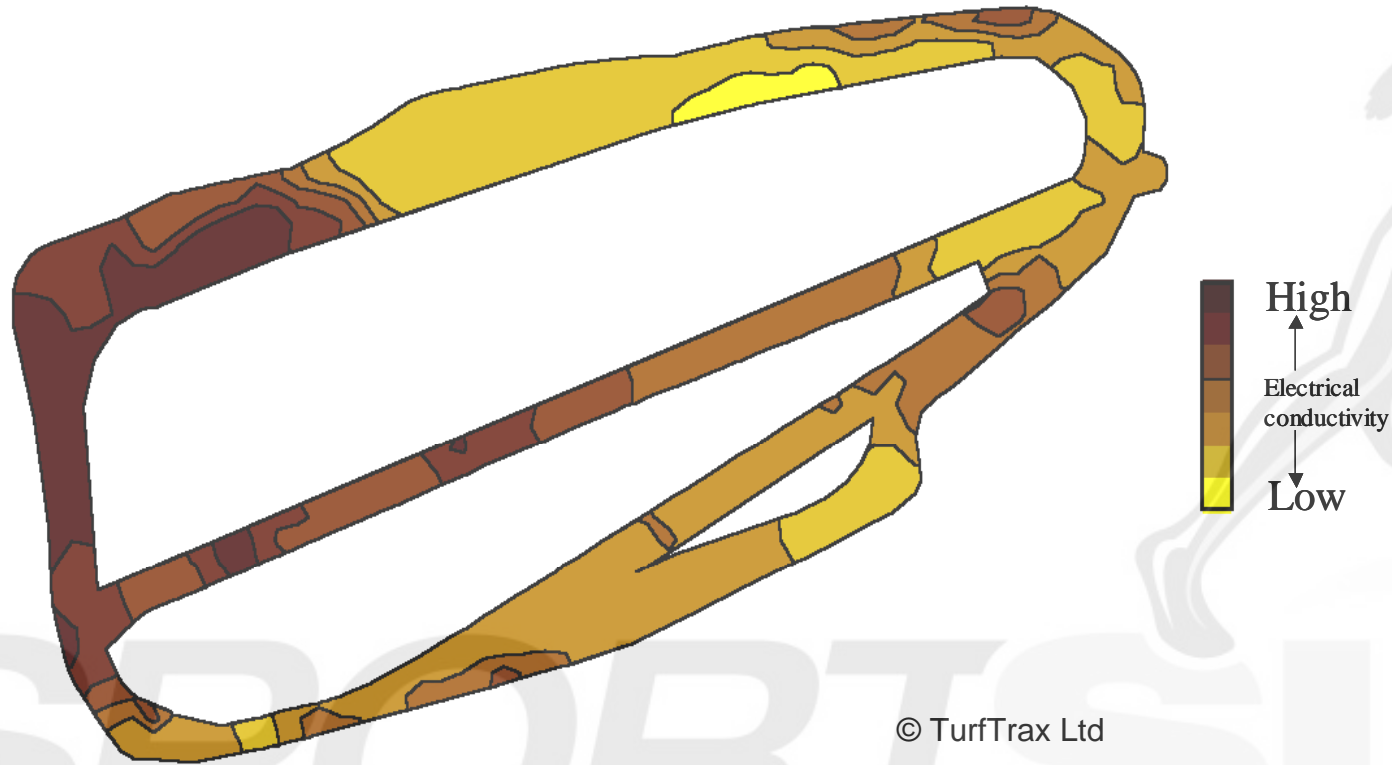


# Mechanical Studies: Example



Data courtesy of: THE JOCKEY CLUB

# Mechanical Studies: Example



© TurfTrax Ltd



THE JOCKEY CLUB

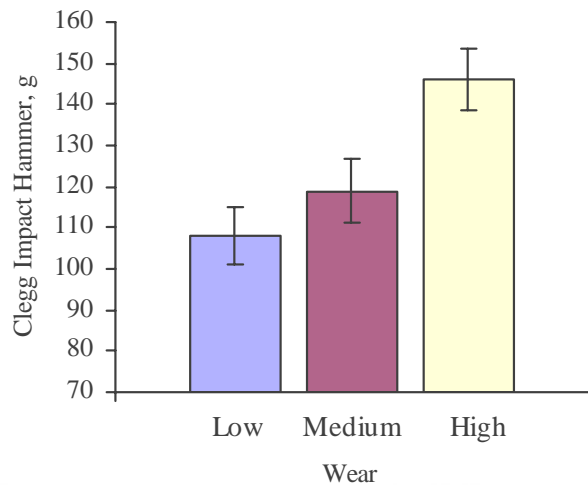
**EPSRC**  
Engineering and Physical Sciences  
Research Council



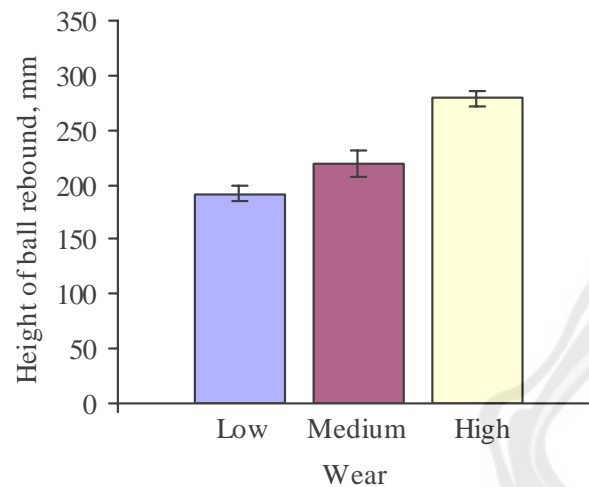
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# Mechanical Studies: Example

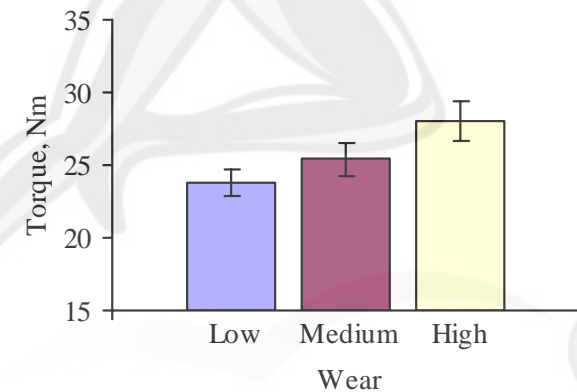
## Hardness



## Ball rebound

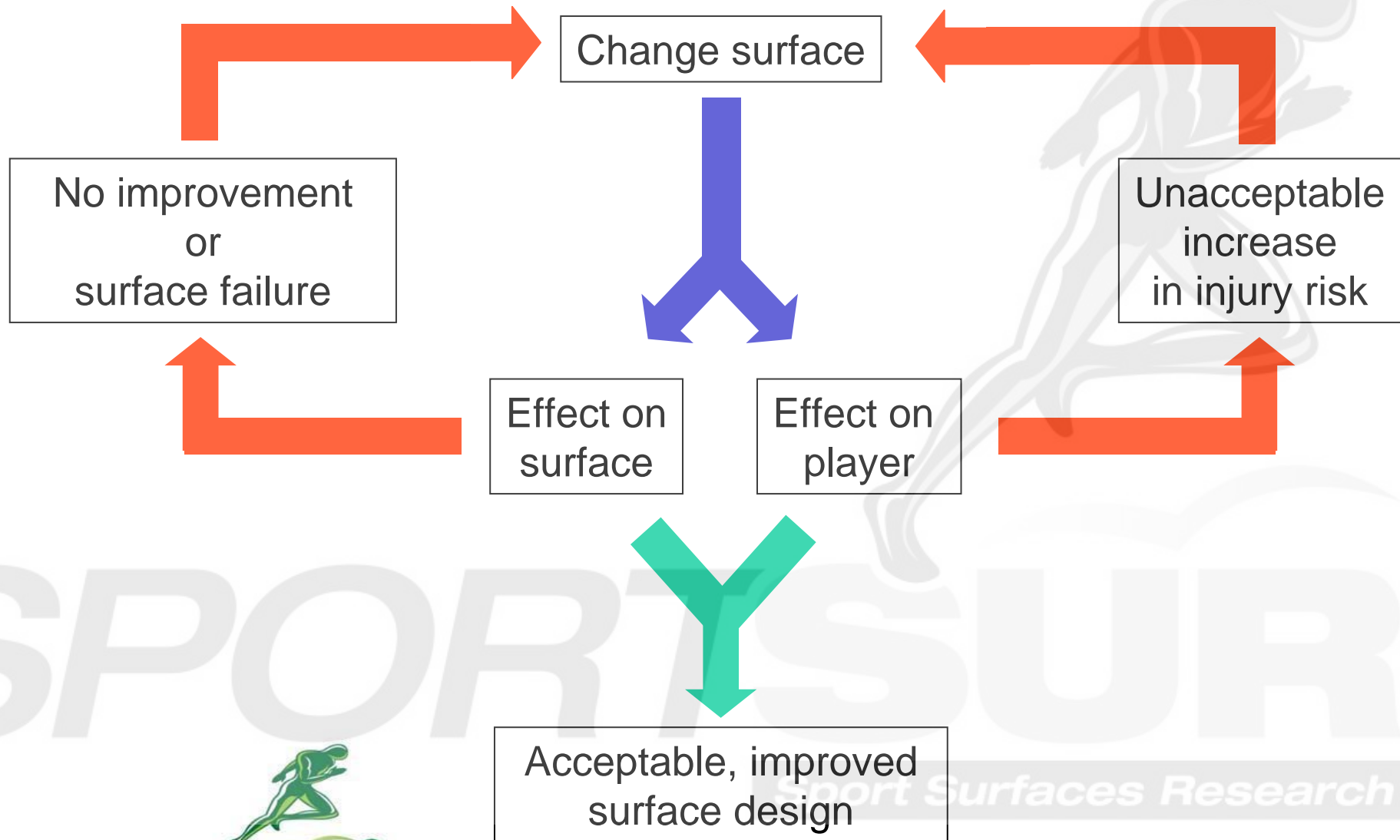


## Traction

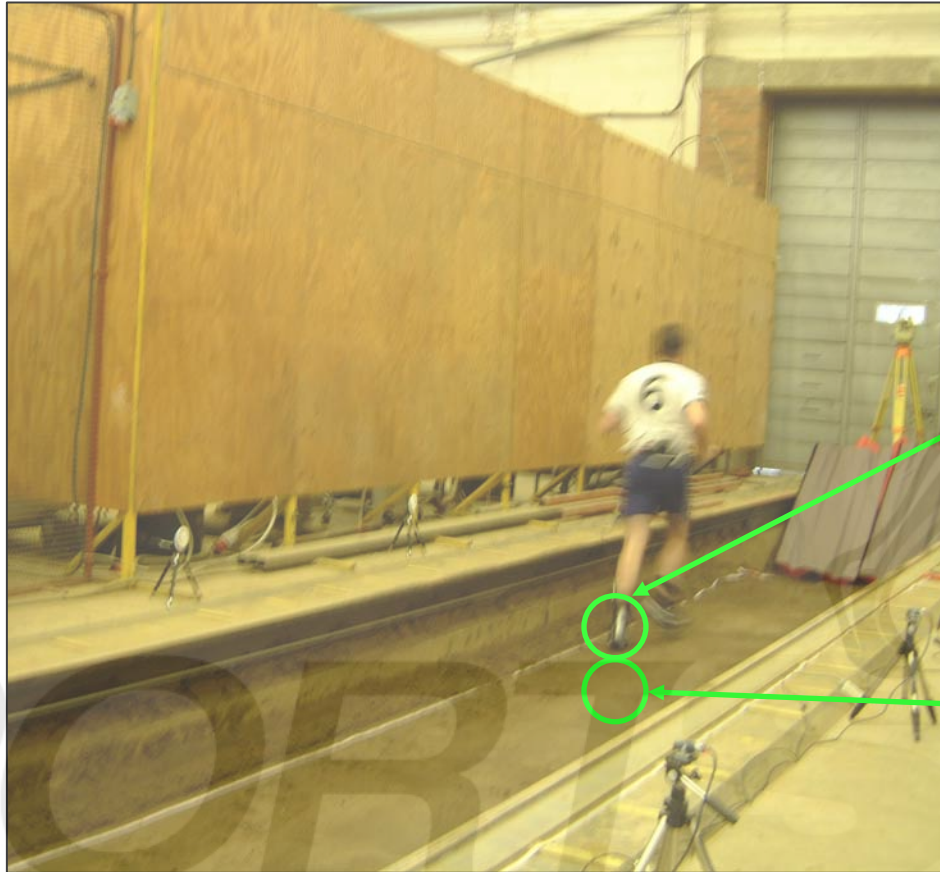


Error bars represent the standard error

# Integrated Approach



# Integrated Testing

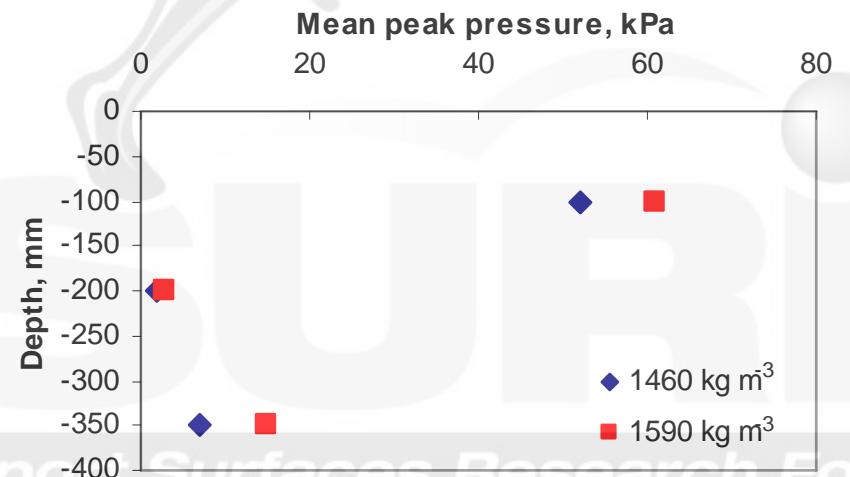
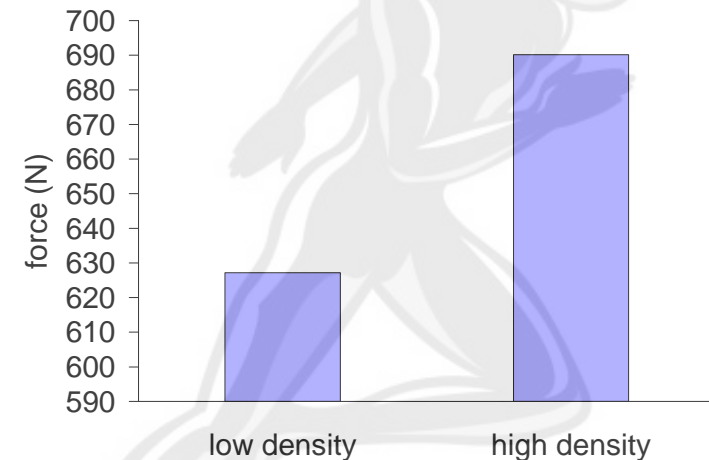


**In-shoe  
pressure**

**In-surface  
pressure**

# Integrated Testing

- Higher in-shoe pressures on surfaces with increased surface bulk density
- Higher surface pressures with increased surface bulk density



# Natural Turf



IT IS AN OFFENCE TO GO ONTO THE PITCH

EMERGENCY ACCESS ONLY

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# Natural Turf

- **Playing challenges**
  - degradation with use
  - weather influences
  - inconsistent properties



- **Maintenance challenges**



# Maintenance Challenges



# Natural Turf

- **Challenges for study**
  - degradation over time (use, conditions, ...)
  - siting in a laboratory environment



# Natural Turf

- **Challenges for study**
  - degradation over time (use, conditions, ...)
  - siting in a laboratory environment



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# Conclusions

- Biomechanical and engineering studies provide useful information on player and surface behaviour
- To understand player-surface interaction, an integrated approach is preferred



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